

Master Ding's 27 Movement Form

27 式太极拳动作名称

1	Beginning movement	起势
2	Grasp the sparrows tail	揽雀尾
3	Single whip	单鞭
4	Lift hands [with elbow & shove]	提手上势
5	White crane opens wings	白鹤亮翅
6	Brush knee twist step [3 times]	左右搂膝拗步
7	Strum the lute	手挥琵琶
8	Repulse the monkey [3 times]	左右倒撵猴
9	Diagonal flying	斜飞式
10	Needle to the ocean bottom	海底针
11	Fan through back	闪通臂
12	Strike with backfist & white snake spits tongue	翻身白蛇吐信
13	Right press the heel	右蹬脚
14	Left hit tiger	左打虎式
15	Turn around & double winds to the ear	回身双峰贯耳
16	Left separate the feet	左分脚
17	Part wild horse's mane [right, left]	左右野马分鬃
18	Fair lady works shuttles [left, right]	左右玉女穿梭
19	Cloud hands [3 times]	云手
20	Squatting single whip	单鞭下势
21	Step into seven stars	上步七星
22	Step back ride tiger	退步跨虎
23	Turn body sweep lotus	转身摆莲
24	Bend bow to shoot tiger	弯弓射虎
25	Advance, strike down, parry & punch	进步搬拦捶
26	Cross hands	十字手
27	Closing action	收势